

Drive to Inspire

THE DRIVE REPORT

SEPTEMBER 2024



OVERVIEW

Welcome to the **SEPTEMBER edition** of our monthly newsletter, where we give you a recap of our activities for the month.

We had the opportunity to visit **Achimota School** this month. The visit was a chance for us to engage with the students, share insights, and inspire them to explore various career paths and personal development opportunities.





Monthly outreach: Visit to Achimota School

The short trip from our offices in Labone felt long overdue, as it marked a special return for our founder, herself an Akora of Motown. The team was excited to join her on this meaningful visit, knowing that her return to the school carried a powerful message for the students. Her journey through the same system, having faced similar challenges, served as a tangible source of motivation for the students, demonstrating that with perseverance, they too can achieve great things.

As with all our outreach events, we were accompanied by a group of resource persons who are also volunteers. These individuals, from a wide range of professional backgrounds, took turns addressing the entire second-year student population. Each shared their personal experiences, offering insights and advice to guide the students in their educational and career paths.

Our founder also engaged with the students, delivering a heartfelt message about the importance of adopting a growth mindset. She emphasised that this mindset is crucial for overcoming setbacks and challenges, both in their academic journeys and in their future endeavours.



Monthly outreach: Visit to Achimota School

During our outreach to Achimota Senior High School, we were privileged to be joined by the Ghana Armed Forces and the Ghana Maritime Authority—who made significant contributions to the day's activities.

Representatives from the Ghana Armed Forces delivered a presentation, introducing the students to the values and ethos of the Force. They spoke about the diverse opportunities available to the youth within the military, from leadership roles to specialised career paths. Students were also taken through the application process, gaining practical knowledge on how they could join the Armed Forces and contribute to national security.

Staff from the Ghana Maritime Authority provided an insightful session on the importance of the maritime sector to Ghana's economic growth. They highlighted the wide range of career options within the maritime industry, encouraging students to explore opportunities in this field. The session also covered educational pathways and programmes that students could pursue to enter the maritime sector, emphasising the industry's potential for long-term career development.



Personalised Breakout Sessions

Following the general presentations, students had the chance to engage in smaller breakout sessions. These sessions provided a more intimate environment where students could ask personalised questions and receive tailored responses from professionals across various fields. This portion of the programme always proves vital, as it allows students to open up and seek specific advice that they may not feel comfortable asking in larger groups.

The breakout sessions continue to be a key part of our outreach events, offering students deeper understanding and helping them build connections with professionals who have overcome challenges similar to their own. Through these interactions, students gain confidence and clarity about their future career paths.



Outreach Details

School	No. of volunteers	No. of Students Engaged	Breakout sessions	Level of students
Achimota School	30	643	11	Form 2

Professions of Volunteers No. volunteers Banking & Finance 1 Media & Performing Arts 3 Human Resource 1 Event management 1 5 Law Healthcare 10 2 Maritime Education 1 Oil & Gas 1 Architecture & Construction 1 3 **Security Services** Drive to Inspire



































Mental Health Awareness: A New Addition to Our Adolescent Health Segment

For the first time, we had the privilege of welcoming VINT & ALETHEIA Attorneys and Consultants, along with their team of professional psychologists from the Wholesome Mind Summit Initiative, to address students on the crucial topic of mental health during our Adolescent Health segment.

Globally, mental health issues among young people are on the rise, driven by various factors, many of which are beyond their control (<u>The New York Times</u>, August 2024). Students face immense pressure to achieve academic success while also navigating personal and family challenges. These stressors can significantly impact their mental well-being, making it essential to educate them on strategies for managing stress and maintaining a balanced, healthy life.

We were pleased to have the team of professional psychologists engage the students, as mental health education is an important aspect of adolescent development. The psychologists provided students with tools and techniques to help them manage their stress and maintain emotional balance, encouraging them to prioritise their mental health just as they do their academic performance.





















Successful Completion of Our Three-Month Mentorship for Girls Programme

We are delighted to announce the successful conclusion of our three-month mentorship programme, which commenced in July. This initiative was designed to empower a cohort of twenty-seven young women and girls from both secondary and tertiary levels of education, providing them with personalised support and skill development.

Each mentee was paired with an experienced mentor who guided them towards achieving their aspirations while helping to build essential soft skills and confidence. The programme offered a blend of virtual and inperson sessions, carefully tailored to meet the unique needs and goals of the participants.

Over the past three months, participants gained valuable skills in the following areas: Goal Setting and Personal Development, Soft Skills Enhancement, Confidence Building, Networking and Career Insights.

We are incredibly proud of all the mentees who joined. Their commitment to learning and personal growth will undoubtedly serve them well in their future endeavours. We thank all the mentors for their dedication and support in making this programme a success, and we look forward to unpacking the learnings and insights in our upcoming debrief with participants, as we continue to refine and expand our mentorship initiatives.





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